

Positioning



Figure 22



Figure 23



Figure 24



Figure 25

Positioning

- ✓ One major complication of any disease that affects the patient's ability to move is the development of decubitus ulcers or "bed sores".
- ✓ These sores can be very painful and tend to develop at bony areas such as heels, sacrum (low back), elbows, shoulders and back of head.
- ✓ Bed sores can be avoided by "floating" or elevating these areas with the use of pillows.
- ✓ Several pillows may be necessary in order to make the patient comfortable.